

THURSDAY (HA & P-Arts)		FRIDAY (HA & P-Arts)		SATURDAY (HA & P-Arts)		SUNDAY (HA & P-Arts)				
8:00 AM		8:00 AM	Open Floor Yoga Practice 8:00-9:30am	8:00 AM	Open Floor Yoga Practice 8:00-9:30am	8:00 AM	Open Floor Yoga Practice 8:00-9:30am			
:15		:15				:15			:15	
:30		:30				:30			:30	
:45		:45		:45		:45				
9:00 AM		9:00 AM	Yoga Practice w/ Dixon's Violin 9:30-11:00am	9:00 AM	Yoga Practice w/ Dixon's Violin 9:30-11:00am	9:00 AM	Yoga Practice 9:30-11:00am			
:15		:15				:15			:15	
:30		:30				:30			:30	
:45		:45		:45		:45				
10:00 AM		10:00 AM		10:00 AM		10:00 AM				
:15		:15		:15		:15				
:30		:30		:30		:30				
:45		:45		:45		:45				
11:00 AM		11:00 AM		11:00 AM		11:00 AM	Rising Appalachia Workshop 11:00am-Noon			
:15		:15		:15		:15				
:30		:30		:30		:30				
:45		:45	Howard Falco Talk #1 11:30am-12:15pm	:45	Dixon's Violin Workshop 11:30am-12:30pm	:45				
12:00 PM		12:00 PM		12:00 PM		12:00 PM				
:15		:15		:15		:15				
:30		:30		:30		:30				
:45		:45	Eastern Arts Movement Class w/ music by Lobo Marino 12:30-1:30pm	:45		:45				
1:00 PM	Lunaversal.hoopz Workshop 1:00-1:45pm	1:00 PM		1:00 PM	Howard Falco Talk #3 12:45-1:30pm	1:00 PM	Larry Keel Experience 12:30-1:30pm			
:15		:15		:15		:15				
:30		:30		:30		:30				
:45		:45		:45		:45				
2:00 PM	Eastern Arts Movement Class w/ music by Lobo Marino 2:00-2:45pm	2:00 PM	Howard Falco Talk #2 2:00-3:00pm	2:00 PM	PLF Bellydance Workshop 1:45-2:45pm	2:00 PM	Dave Eggar featuring Sasha Lazard 1:45-2:30pm			
:15		:15		:15		:15				
:30		:30		:30		:30				
:45		:45		:45		:45				
3:00 PM	Capoeira Movement 3:00-4:00pm	3:00 PM		3:00 PM		3:00 PM				
:15		:15	Green Panel Discussion *Check the FF APP for more info! 3:15-4:00pm	:15		:15				
:30		:30		:30	PLF Aerial Workshop 3:15-4:15pm	:30	Che Apalache 3:15-4:15pm			
:45		:45		:45		:45				
4:00 PM		4:00 PM		4:00 PM		4:00 PM				
:15		:15		:15		:15				
:30	Lunaversal.hoopz Performance 4:30-4:45p	:30	Lunaversal.hoopz Workshop 4:15-5:15pm	:30	Howard Falco Talk #4 4:15-5:00pm	:30				
:45		:45		:45		:45				
5:00 PM		5:00 PM		5:00 PM		5:00 PM				
:15		:15		:15	Green Panel Discussion *Check the FF APP for more info! 5:15-6:00 pm	:15				
:30	Bryan Elijah Smith (Otr) 5:15-6:15p	:30	Dixon's Violin Workshop 5:30-6:15pm	:30		:30				
:45		:45		:45		:45				
6:00 PM		6:00 PM		6:00 PM	Dixon's Violin 6:00-7:00pm	6:00 PM				
:15		:15		:15		:15				
:30	Green Panel Discussion *Check the FF APP for more info! 6:30-7:15pm	:30		:30		:30				
:45		:45		:45		:45				
7:00 PM		7:00 PM	JTown Yoga w/ Franti 6:45-7:45pm	7:00 PM		7:00 PM				
:15		:15		:15		:15				
:30		:30		:30	Sol Searchers 7:15-8:15pm	:30				
:45		:45		:45		:45				
8:00 PM		8:00 PM	Lunaversal.hoopz 8:00-8:30pm	8:00 PM	Arete Fitness Pole Dancing Workshop 8:00-8:45pm	8:00 PM				
:15		:15		:15		:15				
:30		:30		:30		:30				
:45		:45		:45		:45				
9:00 PM	Dixon's Violin 8:30-9:30pm	9:00 PM	Dixon's Violin 8:45-9:45pm	9:00 PM	PLF (Full performance) 8:45-9:45pm	9:00 PM				
:15		:15		:15		:15				
:30		:30		:30		:30				
:45		:45	PLF Aerial 9:50-10:00p	:45		:45				
10:00 PM	Dave Eggar featuring Sasha Lazard 9:50-10:20pm	10:00 PM	Lunaversal.hoopz 10pm	10:00 PM	Lunaversal.hoopz w/ PLF Aerial 10:00-10:15pm	10:00 PM				
:15		:15	Arete Fitness Pole Dancing Workshop 10:15-11:00pm	:15		:15				
:30		:30		:30		:30				
:45		:45		:45		:45				
11:00 PM		11:00 PM		11:00 PM		11:00 PM				
:15		:15		:15		:15				
:30	PLF (Fire + DJ) 11:00pm-Midnight	:30		:30		:30				
:45		:45		:45		:45				